



Discovery Session



Discovery Sessions are an opportunity for us both to get a felt sense experience of what it will be like to work together and to make sure that I'm a good fit for what you are looking to achieve.

When you retain my services, I want you to feel 100% confident that we connect amazingly and that you feel I'm the right person to partner with you towards your passion and purpose!

I look forward to meeting you!

Click here to Schedule your first session!

<https://calendly.com/charlenehelmholisticwellness>

Sincerely, **Charlene Helm**